

LAWRENCE ADULT EDUCATION

Never stop learning!

RSU/MSAD 49
Albion, Benton, Clinton, Fairfield

Winter/Spring 2015 Course Catalog

207.453.4200 ext. 3114

www.lawrenceadulthood.org

adulthood@msad49.org

*Celebrating
36 years!*

Welcome to Lawrence Adult Education!

A Message from the Director:

Greetings Lifelong Learners:

Lawrence Adult Education was established in 1976 with the goal of embracing and encouraging the concept of “lifelong learning.” Wikipedia has a great definition of lifelong learning; “The “ongoing, voluntary, and self-motivated” pursuit of knowledge for either personal or professional reasons. It not only enhances social inclusion, active citizenship, and personal development, but also self-sustainability, rather than competitiveness and employability.”

Our lifelong learning programs include the highly successful Maine College Transitions Program founded in 2006. The Maine College Transitions Program is Lawrence Adult Education’s and KVCC’s program for adults who are interested in entering and succeeding in college. Among Lawrence Adult Education’s offerings are affordable, academic completion classes, non-credit single workshops, Ed2Go and UGotClass on-line courses, day trips, computer classes, life enrichment classes, and other special events. I encourage you to visit the Lawrence Adult Education website for additional information.

Deb Bomaster, Adult Education Director

Adult Education Staff

Deb Bomaster, Director
Alverta Dyar, Instructor
Allison Benfatta Burns, Instructor
Mary Lucia, Counselor
Hannah Bard, Counselor
Val Landry, College Transitions Coordinator
Kathy Cote, Administrative Secretary
Gen Pinnette, Evening Secretary
Carly Champine, Evening Secretary
and many caring, creative instructors

Administration

Dr. Dean Baker, Superintendent of Schools
Nora Murray, Assistant Superintendent

School Board Members

Danielle Boutin, Fairfield	Andrew Carlton, Fairfield
Neal Caverly, Clinton	Robert Clark, Clinton
Katrina Dumont, Albion	Harry Fitzpatrick, Benton
Steve Grenier, Albion	Stewart Kinley, Fairfield
Ron Liberty, Benton	Terry Michaud, Fairfield
Shelley Rudnicki, Fairfield	Marie Strout, Clinton
Sherry Tompkins, Fairfield	

Academic Calendar

January 26, 2015 - Winter/Spring Semester Begins
February 16-20, 2015 - Winter Break - No Classes
March 12-13, 2015 - LHS/LJHS Parent/Teacher Conferences
April 13, 2015 - K-6 Parent/Teacher Conferences
April 20-24, 2015 - Spring Break - No Classes
May 18-22, 2015 - Winter/Spring 2015 Semester Ends

Directions

From I-95:

Take exit 132, Turn east on Route 139 (Western Avenue), Proceed .5 miles and turn right on to School Street

From Waterville:

Take College Avenue from Waterville to Fairfield, Go straight at traffic light on Main Street, Fairfield
Turn left onto Western Avenue, Proceed .4 miles and turn left onto School Street

From Skowhegan:

Take Route 201 into Fairfield, Turn right onto Western Avenue (Route 139), Proceed .4 miles and turn left onto School Street

Office Hours

Evening Hours Begin January 12, 2015
9:00 a.m. to 9:30 p.m. Monday through Thursday
9:00 a.m. to 4:00 p.m. Friday

Mission Statement

It is the mission of Lawrence Adult Education to provide accessible and affordable lifelong learning opportunities for adults in RSU/MSAD #49. The primary focus of these learning opportunities is to help adults acquire basic literacy and numeracy skills, complete a high school credential, access higher education, develop vocational skills, and enrich their personal lives.

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MAINE Adult Education *Learning for Work and Life*

Course Locations

ADULT ED = Lawrence Adult Education
 ANNEX = Lawrence Jr./Sr. High School Annex
 CLINTON ELEMENTARY SCHOOL
 LHS = Lawrence High School
 LJHS = Lawrence Junior High School
 SCTC = Skowhegan Career and Technical Center

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HIGH SCHOOL COMPLETION



Adults (17 and older) can earn a high school diploma through the adult education program. Previously earned credits as well as life experience will count toward your credit total. Adults may earn additional credits through evening classes or computer assisted learning (OdysseyWare). All courses taken for diploma credit are free (book or lab fees may apply). Call us to schedule an intake appointment and find out how you can become a high school graduate!

American Studies

The story of the United States is told not only in history books, but also in plays, novels, biographies, music and films. Learn to separate historical truth from poetic license as you examine the history of our nation from colonial times to the roaring twenties.

Mon from 6-9pm, 1/26/2015 to 5/18/2015 for 15 weeks with Tonya Joler at LHS, room 11, Free for Diploma Students

Environmental Science

Gain a clearer understanding of today's environmental issues. Explore how both humans and natural events affect the environment both in Maine and the world. From global warming to alternative energy resources, learn the science behind today's headlines.

Wed from 2-5pm, 1/28/2015 to 5/20/2015 for 15 weeks with Alverta Dyar at Adult Ed, room ALC 2, \$10 materials fee

Modern U.S. History

This course examines the major turning points in American history beginning with the events leading up to the American Revolution, the origins of our constitution, reform movements, Manifest Destiny, the Civil War and Reconstruction, the impact of the frontier, the changing nature of business and government, World War I, the Great Depression, World War II, the growth of the United States as a world power, the Cold War and the struggle to achieve class, ethnic, racial, and gender equality. The course extends to the modern day. Contemporary world issues such as globalization, economic interdependence, terrorism and world cultures will also factor into our analysis of international conflict and cooperation.

Wed from 6-9pm, 1/28/2015 to 5/20/2015 for 45 weeks with Daniel Genness at LJHS, room Tech Lab 1, Free for Diploma Students



Open Lab/Odysseyware

Odysseyware is a computerized learning program that offers students the opportunity to earn credits toward their high school diploma in English, math, science, social studies and electives. Odysseyware enables students to work at their own pace with the assistance of an instructor who is available in the adult education computer lab during established times. In addition, students may use this web-based program to prepare for college level courses and the HiSET exam. All Odysseyware classes require a minimum of eight hours of on-site instruction; however, these courses may be worked on from home or another location that has access to the Internet. Students may earn a maximum of three credits through Odysseyware.

Mon from 5-8pm, 1/26/2015 to 5/18/2015 for 15 weeks with Allison Benfatta Burns at Adult Ed, room ALC 1, Free for Diploma Students



Also available for diploma credit:

College Prep Chemistry
College Prep Physics
Human Biology

See Page 8!

ADULT LITERACY

Basic Reading

Basic reading skills include language, concentration, visual processing skills, auditory processing skills, memory and reasoning. In this class the focus will be on alphabetic, vocabulary, comprehension, and fluency using authentic materials such as newspapers, maps, charts, medicine bottles, doctor's instructions, driver manuals, label reading, job notices, applications and cooking instructions.

Tuesday from 9-10:30am, 1/6/2015 to 5/19/2015 for 18 weeks with Michael Trombley at Adult Ed, room ALC 2, Free

Call 453-4200, ext. 3114 to register today!





HIGH SCHOOL COMPLETION



If you are at least 18 and left school without a diploma, the HiSET® tests might be the way for you to earn a high school credential. Accepted by many colleges and employers, the HiSET tests allow you to demonstrate your knowledge in five subject areas. Learn about *HiSET*® preparation classes and testing requirements, take a practice test, and get ready to move forward with your education.



The ETS High School Equivalency Test (HiSET) has replaced the GED as Maine’s High School Equivalency Assessment.

The HiSET consists of the following five subtests:

- **Language Arts Reading**
- **Language Arts Writing**
- **Science**
- **Social Studies**
- **Mathematics**



A passing score on each subject test is a scaled score of 8 out of 20, but learners must achieve a total scaled score of 45 to successfully achieve their high school equivalency diploma. Learners that achieve a scaled score of 15 or higher on each subject test are designated as College and Career Ready.

Choose from computer-based testing and receive your unofficial scores immediately (excluding the essay), or choose the paper-based tests and receive your official test scores in approximately 10 days.

As has always been the case in Maine, there is NO COST for Maine residents to prepare for and take the HiSET. Local adult education programs provide HiSET testing, preparation materials, pre-tests, and instruction.

HiSET Preparation Classes

Class	Day	Time	State Date	Room	Instructor	Fee
Open Lab & Odysseyware	Monday	5-8pm	January 26	ALC 1	Benfatta Burns	None
English Fundamentals	Monday	5:30-8:30pm	January 26	Computer Lab	Quimby	\$10 mat. fee
Reading	Tuesday & Thursday	9-11:30am	January 27	ALC 1	Benfatta Burns	\$10 book fee
Basic Math	Tuesday & Thursday	9-11:30am	January 27	ALC 2	Dyar	\$10 book fee
Writing	Tuesday & Thursday	12:30-3pm	January 27	ALC 1	Benfatta Burns	\$10 book fee
Intermediate Math	Tuesday & Thursday	12:30-3pm	January 27	ALC 2	Dyar	\$10 book fee

HiSET Testing

By appointment only: Tuesdays from 4:00-7:00 p.m. and Wednesdays from 1:30-4:00 p.m.
Alternate times available by appointment.



COLLEGE TRANSITIONS



GET READY FOR COLLEGE IN AS SOON AS 7 WEEKS WITH MAINE ADULT EDUCATION COLLEGE TRANSITIONS!

Daytime Classes Available in Math and Writing

These 7 week classes meet twice a week and prepare you to pass the Accuplacer college placement test!

Eligible for scholarships upon successful completion of program.

Save your financial aid - take advantage of your local adult education program!

(Two daytime sessions available: January & March)

These free* classes are equivalent to college developmental classes!

*Most classes require a \$10 book or lab fee.



What is the Maine Adult Education College Transitions Program?

Maine College Transition Programs are comprehensive programs of study leading to enrollment in a post secondary institution. MCT includes career planning, academic preparation, financial aid assistance, college planning and Accuplacer testing. In partnership with community colleges and the university system. Local adult education programs offer high-quality, cost-effective and accessible pathways to post-secondary education for adults.

How do I enroll?

Schedule an intake meeting with Director, Deb Bomaster at Lawrence Adult Education, call 453-4200, ext. 3114.

Who is eligible to enroll?

- Adults who graduated from high school, an adult education program, or high school equivalency program
- Adults who need academic preparation for college and did not reach Accuplacer cut scores
- Adults who need assistance in the college application process

Why should I enroll?

- Registration fee waivers for adult education classes (book, lab, or materials fees apply)
- Access to tours, workshops, and college planning events
- One-on-one student counseling
- Study skills support services

What are the requirements?

- Meet with a counselor or adult education director and provide demographic information
- Enroll in one or more college transitions classes
- Take the Accuplacer placement test prior to classes starting and at the end of the class(es)
- Attend all classes
- Allow follow-up data to be collected on you as you transition into college
- Participate in college planning and financial aid workshops
- Tour a college campus



*The Accuplacer computerized assessment measures your current level of knowledge and skills in reading, writing, arithmetic and algebra. Receive your scores immediately. Once you identify your academic strengths and needs, you can get the help you need to improve.



Core Courses

Reading Skills for College

This course is a college-level reading course designed to help students improve their reading comprehension and ability to do critical analysis. Students will develop advanced vocabulary skills and improve reading speed and comprehension in assignments involving lengthy and difficult college-level texts and scholarly articles.

Thu from 1-4pm, 1/29/2015 to 5/21/2015 for 15 weeks with Marcia Cook at Adult Ed, Computer Lab, \$10 book fee

Writing Skills for College

This course is designed for students whose writing Accuplacer score is 55-73 indicating a need for further instruction prior to taking college level writing. This course will provide instruction in grammar, sentence structure, conventions of Standard English, and essay writing. (This course is equivalent to the course offered at community colleges or universities.)

M/W from 9-11:30am, (Session 1) 1/26/2015 to 3/18/2015 or (Session 2) 3/30/2015 to 5/20/2015 for 7 weeks with Allison Benfatta Burns at Adult Ed, room ALC 1, \$10 book fee

CPT 018 Computer Essentials

This eight-week course introduces the basic operation of a personal computer to include vocabulary, disk management, data entry, data storage, and types of memory. An introduction to Windows, Microsoft Office Suite and Blackboard will also be covered. This course offers the student the opportunity to explore online learning.

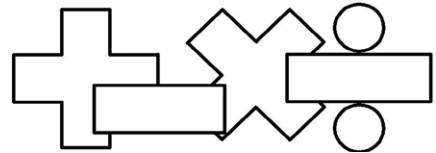


Fri from 8:30-11:30am, 1/30/2015 to 3/27/2015 for 8 weeks with Valmond Landry at KVCC, Carter Hall room 227, Free (2 college credits)

MAE CT Student Success

This course is designed to help students develop academic, communication, critical thinking and analysis skills; become acquainted with the University; and clarify personal values, goals and expectations. The class will offer a variety of expert speakers that will help you gain the tools necessary to be confident and successful in college. It will address college applications, FAFSA, scholarship, e-portfolios, study skills, time management, and more in a relaxed atmosphere.

Thu from 9am-12pm, 1/29/2015 to 5/21/2015 for 15 weeks with Hannah Bard at Adult Ed, Computer Lab, \$10 lab fee (3 UMA credits)



Number Skills for College

This course is designed for students whose arithmetic Accuplacer score is between 35 and 54 indicating a need to improve mathematical skills. The course will cover basic math, whole numbers, fractions, decimals and percents, order of operations, rational numbers, ratios and proportions. You will reduce your math anxiety in the hands-on, fun approach of this class. (This course is equivalent to the course offered at communities colleges and universities.)

M/W from 1:30-4pm, (Session 1) 1/26/2015 to 3/18/2015 or (Session 2) 3/30/2015 to 5/20/2015 for 7 weeks with Allison Benfatta Burns at Adult Ed, room ALC 1, \$10 book fee

Evening - Mon from 5-8pm, 1/26/2015 to 5/18/2015 for 15 weeks with Roland Garbe at the Annex, room C-5, \$10 book fee

Algebra Skills for College

This course is designed for students who have a solid base in math but little or no experience in algebra. Students should have an Accuplacer score in arithmetic above 55 and an algebra score between 50 and 75 indicating a need to improve skills for college level algebra. The course will cover word problems, using formulas, solving linear equations, algebraic expressions, factoring of polynomials, and solving quadratic equations. (This course is equivalent to the course offered at community colleges and universities.)

M/W from 9-11:30am, (Session 1) 1/26/2015 to 3/18/2015 or (Session 2) 3/30/2015 to 5/20/2015 for 7 weeks with Alverta Dyar at Adult Ed, room ALC 2, \$109 (\$10 book fee for CT students)

Evenings - Wed from 5-8pm, 1/28/2015 to 5/20/2015 for 15 weeks with Roland Garbe at the Annex, room C-5, \$109 (\$10 book fee for CT students)



MAINE Adult Education College Transitions

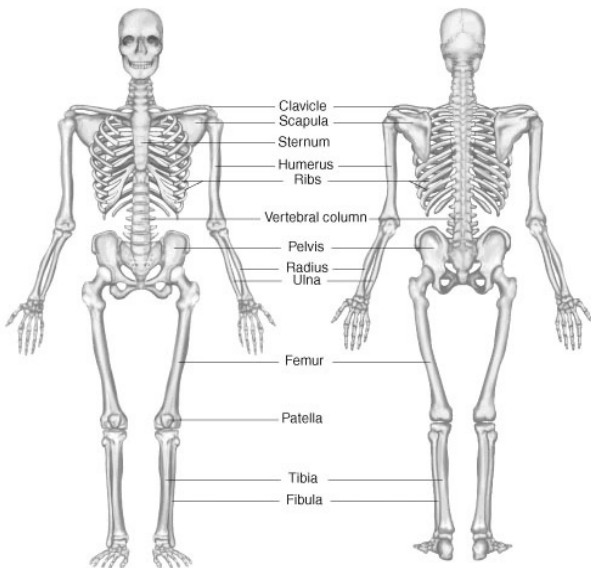


College Prerequisites

Human Biology with Lab

This lab-based course is an introduction to the general principles of biology through the study of the human body. Topics include basics of anatomy and physiology, development and aging, genetics and inheritance, immunity and human diseases, evolution, ecology, and human impacts on the environment. This course is designed to meet the Biology Pre-requisite of most colleges and prepare students to be successful in Anatomy and Physiology.

Mon from 1:30-4:30pm, 1/26/2015 to 5/18/2015 for 15 weeks with Alverta Dyar at Adult Ed, room ALC 2, \$119 (includes lab fee)



College Prep Physics with Lab

Sir Isaac Newton observed an apple falling from a tree and came up with basic principles of motion that are still studied today. In addition to motion, physics covers mechanics, electricity, heat, light and sound. These topics provide a solid foundation for many technical occupations. This class is designed to meet the prerequisite for more colleges. Students must have basic algebra prior to taking physics.

Mon from 5-8pm, 1/26/2015 to 5/18/2015 for 15 weeks with Alverta Dyar at LHS, room LHS B-1, \$119 (includes book deposit)

College Prep Chemistry with Lab

This introduction to the basic concepts of chemistry includes the periodic table, nature of chemical bonds, and properties of matter. This class is designed to meet the prerequisite for more colleges. It is strongly recommended that students be proficient in algebra prior to taking this course.

Wed from 5:30-8:30pm, 1/28/2015 to 5/20/2015 for 15 weeks with Alverta Dyar at LHS, room B-1, \$119 (includes book deposit)

Adult Education Something for Everyone

A representative from local adult education programs will be available to talk to you about the opportunity to earn a high school credential, transition from high school to college, improve your technology and other skills in order to find employment or better employment, learn English as a second language or access other programs that will best meet your needs based on your interests and goals. Information will be available about Lawrence Adult Education.

Wednesdays from 2:00-3:00 pm.
Registration is not required!
Friendly and comfortable setting!
Lawrence Public Library
Lawrence Avenue, Fairfield



Community Connection for High-Speed, Broadband Internet Technical Assistance.

The Lawrence Adult Education program is your Community Connection for information on how you can use Maine's expanding high-speed, broadband internet connectivity to help you meet educational goals, enrich your life, obtain health information, access governmental services and enhance economic and community development. Contact our office and arrange a special presentation on the importance of high speed internet for your civic or social organization.

Look for this symbol in our catalog. It identifies courses and workshops where you'll learn about high-speed internet connectivity. This community education program is presented in cooperation with the Maine Department of Education and the ConnectME Authority. Learn more at www.maine.gov/connectme and check the speed on your internet connection.



The MARTI project is funded by the American Recovery and Reinvestment Act.
State Broadband Infrastructure Program Award Number 23-50-M09062





CAREER PATHWAYS



Pathways to College and Careers

WorkReady

Are you looking for work? Have you got three weeks to invest in yourself? The WorkReady program will teach you the essential skills that employers look for in new employees.



The sixty hour curriculum will help you develop a personal employment plan. In addition, WorkReady includes a computer component to help you meet the demands of finding and keeping a job in a tech savvy environment.

This intensive, three-week, no cost program is endorsed by local businesses. Applicants must meet eligibility requirements.

Please contact Lawrence Adult Education (453-4200, ext. 3114) or Mid-Maine Regional Adult Community Education (873-5754) for an application appointment or attend the information session on April 30.

Information and Orientation Session - Thursday, April 30, 2015 at 9:00 a.m. at Lawrence Adult Education.

Join us for this information session and hear how WorkReady will give you an edge in today's competitive job market. You'll have a chance to ask questions, take the eligibility tests and decide if you are ready to make the commitment to this intensive program.

WorkReady class meets daily from May 4 to May 22, 2015 at KVCC, Carter Hall, room 121

The WorkReady Credential Program training is made possible by the following partners: Mid-Maine Regional Adult Community Education, Lawrence Adult Education, KVCOG, KVCAP, Waterville Public Library.



Class B/CDL/School Bus Driver License

Learn to drive a school bus or passenger bus and earn a Class B Commercial Driver's License with a School Bus Endorsement. This course uses competency-based curriculum from the Professional Truck Driving Institute of America (PTDIA) and meets the U.S. Department of Transportation's (DOT) voluntary standards.

Successful completion of this course includes 42 hours of classroom instruction, 20 hours of range driving, and 10 hours of road driving. This course prepares candidates to pass the State of Maine Class B/Bus Driver Licensing tests. **To register, please contact the Adult Education Office and request an application package.**

All application requirements must be completed and full payment or proof of third party payment must be received prior to the first night of class.

Pre-requisites: (1) Students age 21 or older are eligible for a school bus endorsement. (2) Must be 17 or older to register for an adult education class. (3) Applicants must hold a valid Maine driver's license and have a good driving record with no OUI's within 10 years. Your driving record will be checked. (4) Proof of good health. A physical exam form is required to be completed by your doctor prior to class start. (5) Have vision correctable by lenses of at least 20/40. A vision screening will be provided at the first class. (6) Must have flexibility to schedule driving instruction.

Tue/Thu (Some Saturdays) from 5-8pm, 1/13/2015 to 4/16/2015 for 14 weeks with Duane Marquis at Somerset Career and Technology Center Conference Room (Skowhegan), \$800

Career Planning and Advising

Confused about your career options? Should you go to college or find a job? What courses would help you move ahead in the workplace? We can help. We offer one on one career advising in the adult education office, an online career planning course through Women, Work and Community, and college transitions courses, tours, and advising through the Maine College Transitions program. Give us a call today!

Mary Lucia and Hannah Bard, Career Advisors
453-4200, ext. 3120
Val Landry, College Transitions Coordinator, 453-5101



How to Become a Notary Public

The primary duty of a notary public is to formally witness transactions involving paper documents. In Maine, notaries can also officiate at weddings. This class will help you prepare to be commissioned as a notary public. Learn the history of the office, its powers and duties, eligibility, procedures, and record-keeping. Leave the course with all the testing and paperwork completed and ready to submit to the State.

Wed from 6-8pm, 3/4/2015 to 3/11/2015 for 1 weeks with Carroll Paradis at the Annex, room C-3, \$19



Career Planning: Find Your Place in Today's Job Market

Prepare for your next career or job with a plan that's right for you. In this class you will review your skills, interests, and experiences and relate them to occupations; identify educational opportunities; research the local job market; and develop a step-by-step plan to achieve your goals. Whether you are unemployed, underemployed, or considering a career change, this class will help you achieve employment success for today and tomorrow.

Registration deadline – February 11, 2015.

This class is offered by Women, Work, and Community.

To register or for more information contact Cathy Collins at 753-6622 or catherine.e.collins@maine.edu.

M-F online, 3/4/2015 to 4/15/2015 for 6 weeks with Cathy Collins, FREE

Interested in a career in Dental Assisting?

According to the Bureau of Labor Statistics, new openings for dental assistants will see a 24.5% employment growth, by 2020, which is much faster than the average for all professions.

Lawrence Adult Education will be offering the dental assisting program in the fall of 2015. The course would be 120 hours class room and 30 hours on the job training with a dentist. The cost would be between \$1000-\$1200 including textbook. (payment plans available)

Dental assistants serve the dentist's "third hand".

For more information please contact Deb Bomaster at 453-4200 ext. 3115 or dbomaster@msad49.org.

A Night of 1000 Services Waterville Public Library

Wednesday, April 29th from 4:30 to 6:30pm

Many organizations provide resources and services to assist you in leading a fulfilling, financially supportive life. Join us at a Night of 1000 Services, an open house event to be held at the Waterville Public Library on Wednesday, April 29, 2015, 4:30p-6:30p. Organization representatives will be available at tables throughout the Library and a number of workshops will be offered throughout the event. Visit the Waterville Public Library web site for detailed information: www.watervillelibrary.org.

Are you looking for work?

The Augusta CareerCenter and the Waterville Public Library offer computers and other equipment to use in the search along with job fairs and workshops in areas like resume writing and interviewing skills.

Do you need training to get a job or get a better job?

Lawrence Adult Education and Mid-Maine Regional Adult Community Education offer classes in reading, writing, and arithmetic, HiSET tests, entrance exam assistance, CDL Class B driving training and one on one academic advising. Further education funding is available through the CareerCenter for qualified applicants.

Are you not sure what you want?

The CareerCenter and Women, Work, and Community, Lawrence Adult Education, and Mid-Maine Regional Adult Community Education offer career planning courses and aptitude tests as well as a workshop to help if you're interested in self-employment.

Are you planning on buying a home or need help maintaining one?

KVCAP has homeowner classes, and has grants to assist with heating and home repairs. Women, Work, and Community offers help with budgeting and savings plans.

**MOST SERVICES & PROGRAMS ARE FREE!
Call today and get more information!**



UGotClass
Online certificates and courses



ONLINE: Interview Skills

Acquire new skills in job interviewing. You should attend if you want to improve your chances for being hired for a position, as well as if you are a leader who wants to improve the results of your hiring practices. A recent study by The Society of Human Resource Management (SHRM) found that up to 75% of employee performance issues can be directly identified during the interview process. This class will help you identify the "red flags" during the interview process so that you can avoid all the expenses and problems associated with a bad hire.

One month; Sally Klauss, instructor; 24 hours of time suggested for maximum learning, \$295

**For more information on UGotClass
online classes see page 21.**



Arts & Crafts

Stained Glass

Modern or traditional - stained glass art has patterns for every taste. From choosing an appropriate project to finishing details, this class will take you step by step through the process of creating your own stained glass work of art. Purchase your own consumable supplies and glass but use our space and equipment (grinders, cutters, etc.) under the guidance of a trained glass artist. More advanced students may bring their own projects to work on. Receive a supply list upon registration.

Wed from 6-9pm, 1/28/2015 to 4/8/2015 for 10 weeks with Wanda Shorty at LHS, room 41, \$69

Basketweaving

Learn the joy of weaving your own basket! We will weave a square, round basket and then decide on a second basket to make with a different weaving pattern. Basket supplies will be provided by the instructor. A supply list is available upon registration or on our website.

Wed from 6-9pm, 3/4/2015 to 4/8/2015 for 6 weeks with Charlotte Gifford at LJHS, room 100, \$49

Slip Cast Ceramics

Choose from modern or traditional ceramic molds, such as mugs, planters, and fascinating objects. This class will take you step by step through the process of creating your own ceramic work of art, from choosing a project to finishing details with glaze. Additional clay, glaze, and fire time will be available for purchase. A \$50 material fee will be payable to the instructor at the first class.

Thu from 6-9pm, 1/29/2015 to 4/9/2015 for 10 weeks with Shirleyanne Ratajczak at Exoptica Studio, 10 Railroad Square, Waterville, \$79

Memory Stockings: Bags Full of Memories

Memory stockings are created from a selection of clothing or fabrics, a wonderful way to preserve memories! Perfect for a gift for Baby's First Christmas, or just a loving memento to pass on through generations of your family or friends. A memory stocking requires 5-7 items of clothing or fabric, such as baby clothing, bibs, socks, etc. Bring your sewing machine to class!

Wed from 6-9pm, 2/4/2015 to 2/11/2015 for 3 weeks with Charlotte Gifford at the Annex, room C-10, \$19



Jewelry Making for Beginners

Looking for the perfect piece of jewelry to complement an outfit? Now with readily available supplies you can design your own custom jewelry. Learn basic techniques of beading and wire wrapping to create different pieces, including earrings, bracelet, ring, necklace, wrapped pendant, and pin. Receive an equipment list for basic tools upon registration. A one time \$15 supply fee will be payable to the instructor for pre made kits.

Tue from 6-8:30pm, 1/27/2015 to 3/3/2015 for 5 weeks with Melissa Carter at the Annex, room C-4, \$45



Intro to Seed Beads

Learn to embellish projects such as embroidery and cross stitch with seed beads. Projects will include a seed bead bracelet, a hummingbird cross stitch picture and a scissors case. The instructor will provide the tools and materials for the projects. A one-time supply fee of \$5 will be payable to the instructor on the first night of class.

Wed from 6-8:30pm, 4/1/2015 to 4/15/2015 for 3 weeks with Melissa Carter at the Annex, room C-4, \$29

Jewelry 2: Intro to Beadweaving

Off-loom beadweaving is a family of beadwork techniques in which seed beads are woven together into a flat fabric or a three-dimensional object such as a piece of jewelry. Using basic jewelry-making stitches create your own bracelets, necklace, and earrings. Kits for each project will be provided by the instructor. A one time \$35 supply fee for the kits will be payable to the instructor at the first class.

Tue from 6-8:30pm, 3/17/2015 to 4/14/2015 for 5 weeks with Melissa Carter at the Annex, room C-4, \$45



Like us on Facebook

www.facebook.com/lawrence.adulteducation



Technology

I Own a Computer...Now What?

No skills needed!

This class is intended for those who have very limited or no knowledge of computers. Participants will gain a basic knowledge of hardware and software, Intro to Windows, files, folders and tool-bars. Create, edit, and save a document, explore the Internet, web pages, and email. Participants will review basic skills such as: how to use a mouse, build typing skills, computer vocabulary, making personal adjustments, working with files, folders and shortcuts, and using security features. There will be hands-on exercises to reinforce skills. Limit: 9



Thu from 6-8pm, 1/29/2015 to 3/12/2015 for 6 weeks with C. Doug Giles at Adult Ed, Computer Lab, \$39

Intro to Microsoft Excel 2013

This powerful spreadsheet program lets you organize data, complete calculations, graph data, and develop professional looking reports. This comprehensive course will take you step-by-step from the basics of Excel to using the more advanced functions. The course text will be a handy reference guide as you put the power of Excel to work in your business or office. Limit: 9



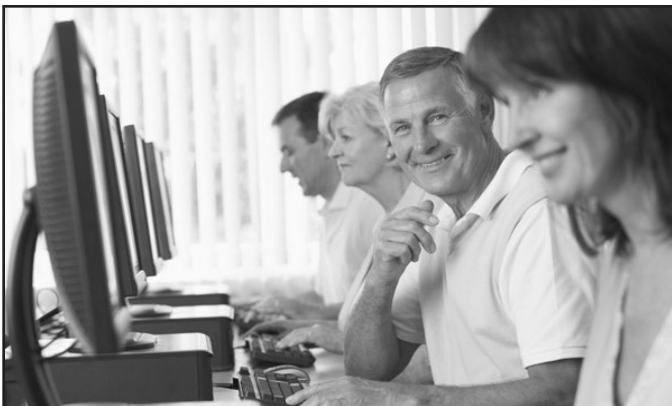
Tue from 6-8pm, 1/27/2015 to 3/24/2015 for 8 weeks with C. Doug Giles at Adult Ed, Computer Lab, \$99 (includes book)

Intro to Microsoft Word 2013

Discover why Word is the most popular word processing program in the world. You can use this program to create and print professional looking documents. Save time and money by creating your own resumes, cover letters, invitations, brochures, and letterhead. Navigate through the menus and tool bars of Word to get the results you want. Prerequisite: Intro to Computers or prior computer experience. Limit: 9



Thu from 6-8pm, 3/19/2015 to 5/14/2015 for 8 weeks with C. Doug Giles at Adult Ed, Computer Lab, \$99 (includes book)



Ready for More? Try our Online classes:

Intro to Microsoft Access 2013

Take control of your data! In this course, you'll learn how to harness the power of Microsoft Access 2013 to organize, store, edit, manage, and report on hundreds of thousands of records.

You'll start with the basics of database concepts and structure, and learn to build and customize tables to store data. With that foundation in place, you'll then learn about relational databases, and see how you can use them to build forms, generate reports, and search for data with queries across thousands of records in hundreds of tables—often with just a few clicks of your mouse! You'll also discover how to use macros to automate repetitive tasks and increase your efficiency. Through easy-to-follow, step-by-step instructions, this course will help you master Access and put it to creative, confident use. You'll develop not only strong Access skills, but a solid understanding of good database design concepts. By the time you've finished the course, you'll know how to organize and assemble an effective database for any kind of information you need to store, document, and manage.

QuickBooks for Contractors 2014

Contractors have many unique bookkeeping needs, so we've designed this course from the ground up specifically for the construction industry. In this six-week course, you'll learn how to use the Premier Contractor Edition of QuickBooks 2014 to run your business more efficiently. Lessons are clearly illustrated and include easy-to-follow, step-by-step instructions to give you hands-on practice with the features that you're sure to use every day. You'll discover how to create custom, professional-looking contract estimates and track time and materials, and you'll learn the different methods you can use to bill your clients, including how to use the QuickBooks progress invoicing and job-costing features. You'll find out how to deal with tricky situations, like change orders and retainage requirements, and you'll learn how to properly set up accounts, items, customers, and jobs. All along the way, you'll learn how to avoid many of the big and often costly mistakes contractors commonly make with QuickBooks. Finally, you'll learn how specific transactions impact all your accounts, and even some techniques to protect your business from fraud, prepare for tax time, and generate useful and dynamic reports.



Classes start at \$99!
For more information on ed2go
online classes see page 21.



Health & Fitness

Reiki I Certification

Reiki helps create deep relaxation that promotes health and healing by bringing the body back into balance. Upon completion of this class you will be a certified Reiki I practitioner. Attendance at all four classes is expected. A \$5 fee will be payable to the instructor for a comprehensive manual and certificate.

Thu from 6-9pm, 4/2/2015 to 4/30/2015 for 4 weeks with Gail Smith, RN-BC at the Annex, room C-13, \$55

Reflexology

Reflexology is a focused pressure technique, usually directed at the feet or hands. It is based on the premise that there are zones and reflexes on different parts of the body which correspond to and are relative to all parts, glands, and organs. The benefits of Reflexology are: relaxation with the removal of stress, enhanced circulation, assists the body to normalize metabolism naturally. You will be receiving foot reflexology...please bring a clean towel and clean feet!

Wed from 6-8:30pm, 3/11/2015 for 1 week with Connie Hubley at the Annex, room C-4, \$19



Vinyasa Flow Yoga

Experience a holistic, active practice connecting movement to breath with a focus on proper alignment. The benefits of yoga include increased flexibility, toned body, and a quieter mind. Join us for a great way to de-stress! This is a mixed level class with modifications offered. Students work to their individual edge in a supportive, noncompetitive environment. Please bring to class: a yoga mat, two blocks, a strap, and blanket or towel for Savasana.



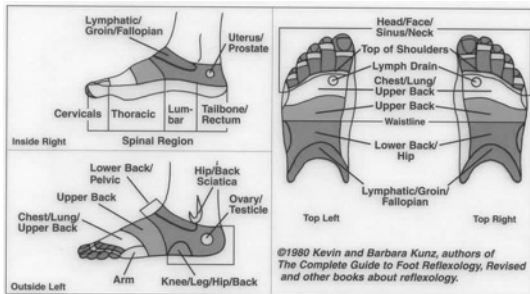
Wed from 5:30-6:30pm, 1/28/2015 to 4/15/2015 for 11 weeks with Tammy Ranger at LHS, Multipurpose Rm 2, \$79

Self-Hypnosis

Explore the power of the subconscious mind as you learn about the benefits of self-hypnosis. Hypnotherapy is recognized by the American Medical Association and widely used for weight control, stress management, smoking cessation, and pain relief. Experience hypnosis first hand and learn how to enter the state of deep relaxation that quiets the body and opens the mind to positive self-talk. A set of 3 relaxation CDs is included in the fee.



Wed from 6:30-8:30pm, 3/11/2015 to 3/25/2015 for 3 weeks with Ernest Vandebossche at the Annex, room C-6, \$64



Change Your Thoughts-Heal Your Body

Experience how the positive and difficult happenings in your life can effect you down to your cellular level. Learn how your body can and has physically responded to your emotions. Learn 12 ways to keep yourself happier and healthier.

Tue from 6-8pm, 3/24/2015 for 1 week with Linda Hargesheimer at the Annex, room C-5, \$15



DISCOUNTS AVAILABLE

Frequent Learner Discount

Save \$5 on one class registration of \$25 or more if you took a class with us last semester.

Senior and Veteran Discount

Seniors 65+ and Veterans take 10% off your course registration fee of \$25 or more. (Discount not available on bus trips.)

Call or email for your promo code if registering online.



Health & Fitness

Smart Shopping: Grocery Store Tour



Want to eat healthy, save money, and feel good? Making the most of a tight food budget is a challenge - but with some simple tips, it can be a snap. Join us for a fun shopping tour at your local grocery store. Learn easy ways to buy healthy foods for your family while sticking to your budget! Sponsored by Healthy Northern Kennebec, SNAP-Ed. Meet in the entry way near the produce section at 6pm. Limit: 12

Tue from 6-8pm, 3/31/2015 for 1 week with Madeleine Martin at Hannaford, Elm Plaza, Waterville, FREE (Preregistration required)



Grow Your Own Organic Garden

Grow Your Own Organic Garden! An introduction to the basics of organic gardening, presented by the Maine Organic Farmers & Gardeners Association (MOFGA). Interested in learning how to grow your own vegetables in a sustainable manner? Join us for an evening-long workshop on how to grow your own garden organically. We'll talk about the basics of soil science and how to enrich your soil to produce healthy, high-yielding plants. The course will also cover the fundamentals of making and using compost, the principles of crop rotation and how to incorporate green manures to manage nutrients in the garden. Other topics will include how to tell the difference between cultivated plants and weeds, basic weed control strategies and cultural methods for dealing with pests. The instructor will be an experienced farmer or gardener from your region. We will even send you home with free seeds! All are welcome, from first-timers to experienced gardeners who want to experiment with new techniques.

Wed from 6-9pm, 4/8/2015 for 1 week with Kate Newkirk at the Annex, room C-3, \$9

Why was my class cancelled?



Classes are cancelled a few days before the start date if there are not enough enrollments to run the class. REGISTER EARLY to help keep classes running!

Heart Saver CPR and AED

The Heart Saver CPR and AED course teaches the basic techniques of Adult CPR and how to use AED equipment. Students will learn about using barrier devices in CPR and giving first aid for choking. You will learn how to recognize the signs of the four major emergencies: heart attack, stroke, cardiac arrest, and foreign-body airway obstruction. This class is appropriate for coaching, daycare, and general knowledge certification.

Wed from 6-9pm, 2/25/2015 for 1 week with Kelly Roderick at the Annex, room C-13, \$75

Spring Detox with Dr. Petley



Detox the right way with Dr. Petley, naturopathic doctor. Learn how the body eliminates toxins and what happens when it doesn't! Dr. Petley will share his experiences and education to explain what to do and not do to help encourage a healthy spring detox. Topics include herbs, supplements, diet, and lifestyle changes.

Wed from 6-9pm, 2/25/2015 for 1 week with Nathaniel Petley, ND at the Annex, room C-4, \$9



Spring Allergies: Truths and Myths



Allergy season is right around the corner and March is the perfect time to start preparing the body for the onslaught of pollen. When it comes to allergies, prevention is the best way. Join Dr. Petley as he discusses naturopathic techniques to both prevent and treat seasonal allergies.

Wed from 6-9pm, 3/25/2015 for 1 week with Nathaniel Petley, ND at the Annex, room C-4, \$9



Health and Fitness

Snowshoeing 101

“If you can walk, you can snowshoe.” Why go snow shoeing? It’s fun and it’s easy. In this 1.5hr workshop you will learn widening your stance (to avoid stepping on snowshoe frames), going up and down hills, traversing slopes and pole usage. Please wear suitable boots and moisture-wicking clothing layers. Our suggestions: Layer your clothing so it can be adjusted to your activity level and the weather. Keep your head and hands covered to prevent loss of body heat. We have snowshoes to use during class. Supported by the Maine Winter Sports Center.

Wed from 5:30-7pm, 1/21/2015 for 1 week with Lauren Jacobs at LJHS Cafeteria, \$9



Weekly Snowshoe Adventures at Inland Woods/Pine Ridge Trails

Every Thursday evening
January 8 - February 26 at 5:30 p.m.

Stay active and have fun this winter - join Inland Hospital for a weekly snowshoe adventure! Snowshoes available to borrow on a first come, first served basis; lights required. Ages 12 and up welcome. Meet at the trailhead behind Inland Hospital, 200 Kennedy Memorial Drive in Waterville - weather conditions permitting.

FMI: ewells@emhs.org or 861-3292

Hula Hooping for Fitness

Learn to hula hoop and put fun back into your fitness routine. Hula hooping improves posture, balance, and stability; exercise abdominal and lower back muscles; and burns calories as you trim your waist, hips, and thighs. With a custom-made, weighted hoop (provided for class use or available for purchase), anyone can learn to hula hoop. The course will cover waist hooping, hand hooping, basic tricks, and building a short routine.



Mon from 6-7pm, 3/9/2015 to 4/13/2015 for 6 weeks with Melissa Higgins at LJHS, Gym, \$35

Swing Dance

Don't sit out the next dance when the band starts playing at a wedding or social event - get up and swing! Swing dance is an easy-to-learn dance form with roots in jitterbug and jive. Have fun as you learn the basic steps and positions. Wear comfortable shoes; avoid heels and slides. (Please note: this dance is done with partners but singles are welcome to attend.)

Mon from 6-7pm, 1/26/2015 to 4/6/2015 for 10 weeks with Louis Moniz, Jr. at LJHS, Multipurpose Rm 1, \$39

Line Dancing

Line dance steps may look complicated, by they're really easy to master. You'll be strutting your stuff in no time at all. Join us for a fun night out. Wear comfortable shoes that slide.

Thu from 6-7:30pm, 1/29/2015 to 4/16/2015 for 10 weeks with Carol Booker at Clinton Elementary, Gym, \$55

Volleyball for Fun

Come have fun and play volleyball in this 10-week program. You will be introduced to the basic fundamentals of volleyball. Instruction and practice of the fundamentals of the game will include serving, passing, setting, spiking, and the basic defensive and offensive strategies. Emphasis is placed on the rules and etiquette of the game. Guaranteed to be fun and full of laughter, exercise and camaraderie.

Winter: Tue from 6-8pm, 1/6/2015 to 2/10/2015 for 6 weeks with Lisa Nadeau at the Fairfield Community Center, \$19

Spring: Tue from 6-8pm, 2/24/2015 to 5/5/2015 for 10 weeks with Lisa Nadeau at LJHS, Gym, \$30





Special Interest



Intro to Fly Tying

During this 8-week course you will become familiar with the use of vices, tools and the various knots used in tying flies. Each week's class will focus on a specific fly pattern. A Starter Fly Tying kit from Wapsi, the #1 provider of fly tying materials in the country, can be purchased from the instructor for \$69.95 at the first class. The kit contains a vice, tools, head cement, hooks, enough materials to tie ten different flies, and an instruction manual. The kit can be viewed at www.wapsify.net. Purchasing the kit is recommended for students who do not have their own vices and tools. There will be an \$8 per class materials fee payable to the instructor for students who do have their own vices and tools.



Tue from 6-8pm, 1/13/2015 to 3/10/2015 for 8 weeks with Bob Mallard at the Annex, room C-5, \$59

Maine Driving Dynamics

The Maine Driving Dynamics course is a driver improvement course that is aimed to improve a student's defensive driving awareness and abilities. This five-hour course includes discussion of collision avoidance techniques, safety issues, driver habits and attitudes, and the basic elements that constantly challenge drivers on Maine's highways. Our goal is to save lives, prevent injuries, and reduce vehicle-related crashes. A student who completes the course will receive a three-point credit on their driving record.

T/Th from 6-8:30pm, 3/10/2015 to 3/12/2015 for 1 week at the Annex, room C-3, \$40 (\$10 seniors 60+)

Babysitter Lessons and Safety Training - BLAST

BLAST! Babysitter Lessons and Safety Training Program (the Second Edition) published by the American Academy of Pediatrics (AAP) is an important program for babysitters. It is exciting and interactive and provides training in pediatric first aid, household safety, and the fundamentals of childcare. We will cover the most current practices for safety and injury prevention, First Aid basics for emergency, quick reference tools for babysitters, and a fun, easy to follow booklet. The program will prepare you to interview for a babysitting job, select safe and suitable games and activities, prevent accidents, perform first aid and CPR, and begin babysitting safely and competently. Designed for young people ages 12 and older who are interested in learning the skills for babysitting. A parent or guardian must accompany young people 12 to 17. A lab fee of \$20 is payable before the start of class. Fee includes book and certificate. Kelly Roderick is a Certified BLAST Instructor with Atlantic Partners EMS.

Session 1

Wed from 2:30-5:30pm, 3/18/2015 to 3/18/2015 for 1 week with Kelly Roderick at Annex, room C-13, \$20

Session 2

Wed from 5:30-8:30pm, 4/15/2015 to 4/15/2015 for 1 week with Kelly Roderick at Annex, room C-13, \$20



ONLINE:

Write Your Life Story

Have you thought about writing your story, sharing life-altering events? Does your family really know about their heritage? If you've ever thought about writing your life story, now is the time. You will have the satisfaction of telling history your way. You may even find a lucrative market for your story, just like the authors of the bestselling *Rocket Boys* and *Angela's Ashes*. This course walks you step-by-step through the process of writing your life story. It's fun. It's exciting. It's a story only you can tell.

Classes start at \$99!

For more information on ed2go online classes see page 21.





Special Interest

Tax Clinics

The Central Maine CASH Coalition provides free tax preparation services for individuals and families that earn less than \$53,000 during the tax year 2014. The tax preparation is done by IRS trained and certified CASH Coalition volunteers. There is no fee to participate. Clients must bring appropriate documentation such as valid picture ID, all W-2 and other income statements, and be prepared to answer questions on health insurance. A list of items needed will be reviewed at the time of scheduling the appointment.

Registration begins after January 1, 2015 and can be done by calling (207) 873-7700 or 1-888-392-4636. Please leave a message and a staff member will return your call.

Session 1

Wednesday, March 4, 2015 from 5-9pm at Lawrence Adult Education, FREE

Session 2

Wednesday, March 18, 2015 from 5-9pm, at Lawrence Adult Education, FREE

Retirement Planning

In this seminar you will learn how to evaluate retirement expenses, identify sources of retirement income, and prepare an investment portfolio to meet your retirement needs. It will also review estate planning documents to insure that the legal documents you need are in place, including a financial power of attorney, health care power of attorney, and last will and testament.

Tue from 6-8pm, 2/24/2015 to 3/10/2015 for 3 weeks with Craig Stevens at Annex, room C-13, \$19

Beacon Hospice Volunteer Training

Be the person who makes a difference to a neighbor and their family as they face end of life issues: become a Beacon Hospice Volunteer. This free 21 hour, 7 week training will prepare you to support patients and their families. Led by the volunteer coordinator, our team of registered nurse case managers, licensed clinical social workers, clergy and bereavement specialists will provide the informational tools you will need to provide compassionate support for our patients and their families. You will learn the history and philosophy of hospice, medical issues at the end of life including pain and symptom management, communication, family dynamics, grief, loss and spiritual care. Once you complete the course, you decide how best how to serve the hospice community. Hospice volunteer work is not about a patient's demise, it is about their LIVING!

Thu from 6-9pm, 2/26/2015 to 4/9/2015 for 7 weeks with Kelly Herlihy at Adult Ed, room ALC 2, FREE (Preregistration Required)

Past Life Regression

Reincarnation is a strongly held belief in some cultures. Past life regression uses hypnosis to help people learn who they were in previous lifetimes. Expect to hear lots of interesting stories and to have a unique experience. Maybe you will also find an explanation for your royal tastes!



Wed from 6:30-8:30pm, 4/8/2015 to 4/15/2015 for 2 weeks with Ernest Vandenbossche at Annex, room C-6, \$19



Beginner Tarot

Students will learn card meanings, card spreads, and how to apply this knowledge to perform readings for themselves or others. Bring your favorite Tarot deck and a notebook to class.

Mon from 6-8pm, 3/2/2015 to 4/6/2015 for 6 weeks with Jen Wade at Annex, room C-10, \$29

Genealogy Resources at the Maine State Library

During this session, participants will learn about the genealogical collection at the State Library: genealogies; state, county, town and vital records for Maine and the other New England states; Canadian resources; collection of family charts and maps; and databases. A brief overview will be followed by a tour of our website, highlighting our access to Ancestry.com Library Edition and HeritageQuest. Also noted will be our classes, on-site workshops, bi-monthly genealogy newsletter and the recent formation of a genealogy club. This information should prove useful when referring patrons seeking genealogical materials and guidance.

Sat from 10am-12pm, 6/6/2015 for 1 week with Emily Schroeder at Lawrence Public Library, FREE (Preregistration Required)



On the Road Again

Boston Flower and Garden Show

“Season of Enchantment”

Our gardens are places of magical metamorphosis. They’re the stage on which Mother Nature reveals her most wow-worthy wonders; where a talented designer can cast a spell over a dull patch transforming it into a colorful and lively oasis. And it’s where a little toil mixed with a few tiny seeds can conjure a breathtaking bounty for our vases and plates.

Join us for this celebration of the multi-hued magic as our garden designers, floral arrangers, photographers and amateur horticulturists explore the mystical joys of the spring landscape. Top garden writers, industry experts and creative local chefs will share ideas and inspiration while the diverse and lively garden marketplace offers a treasure trove of plants and hundreds of the newest gardening products to kick off your own spring transformations. And keep an eye out – there just might be a fairy or two lurking amongst the blossoms.

Spend a few hours at the Prudential Building before leaving Boston for Maine at 6pm. For complete schedule of events go to www.BostonFlowerShow.com

Date: Saturday, March 14, 2015

Deadline to register: February 26, 2015

No refunds issued after this date. (Exception: in the event of a weather cancellation by the bus company, you will receive a full refund)

Fee: \$59.00 Fee includes transportation and entrance fee; you are expected to pay for your own meals.

Depart Fairfield at Lawrence Jr. High School parking lot at 7:00am
Depart Gardiner at Hannaford parking lot at 7:00 am

Return approximately 9:00pm



Maine Winery Adventure Encore

Encore crowd pleaser, let us escort you in comfort as taste some of the finest wines as we continue on the Maine Wine Trail. Our first stop will be Sweetgrass Farm Winery and Distillery in Union where you will sample Maple Smash, Black River Gin and other wines, ports and spirits. Our next stop is Breakwater Winery located in Owl’s Head to sample Rieslings, Chardonnays and Breakwater Blues as well as a tour of the winery.

We will once again enjoy a three course lunch with wine pairing at Winterport Winery and Penobscot Brewery. Pairings will celebrate the union of complementary food and drink through a fine dining experience of a catered lunch. Our final stop will be to the Yonunity Winery and Vineyard to meet Clem, the barefoot Vintner, and his wife Jeri. We will taste a variety of creatively named wines such as Tickled Pink, Star Cross Lovers, and Pie-Eyed.

Date: Saturday, May 9, 2015

Deadline to Register: April 24, 2015

No refunds will be issued after this date.

Fee: \$80.00 Fee includes bus transportation, lunch, tastings and 3 souvenir glasses.

Depart Fairfield at Lawrence Jr. High School parking lot at 7:30am
Depart Gardiner at Hannaford parking lot at 8:15am

Return approximately 6:30pm

**The Boston Flower and Garden Show and
Maine Winery Adventure Encore are hosted by
Lawrence Adult Education.**

**To register visit: www.lawrenceadulted.org
or call 453-4200, ext. 3114.**





On the Road Again

Dirty Dancing in Boston

Join us for our Spring trip... "You'll Have the Time of Your Life"
 This would make a nice Holiday or Mother's day gift. This Classic Story on Stage is an unprecedented live experience, exploding with heart-pounding music, passionate romance, and sensational dancing. Seen by millions across the globe, this worldwide smash hit tells the classic story of Baby and Johnny, two fiercely independent young spirits from different worlds who come together in what will be the most challenging and triumphant summer of their lives. Featuring the hit songs, "Hungry Eyes," "Hey Baby," "Do You Love Me?" and the heart stopping "(I've Had) The Time of My Life." Don't miss your chance to see this record-breaking live theatre sensation. You'll have the time of your life! Come to Boston with us and see this show from the mezzanine section of the Citi Emerson Colonial Theater. Travel in the comfort of a Cyr Bus Lines Motor Coach and arrive at Quincy Market in time for lunch and shopping. The matinee begins at 2:00 p.m. There will be quick stops at the Kennebunk Rest Area in both directions.

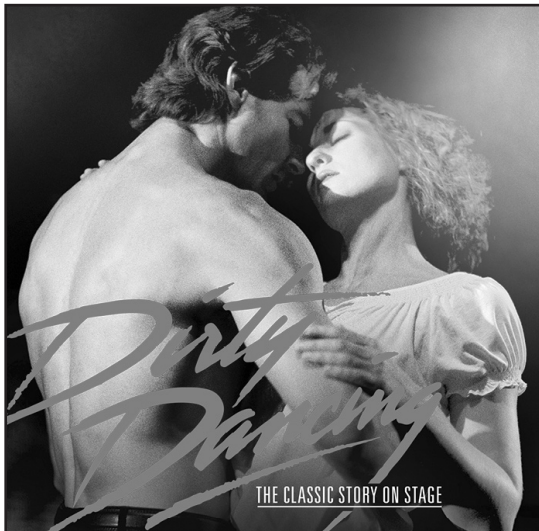
Bus will depart from the Elm Plaza Shopping Center parking lot in Waterville at 7:00 a.m. and there will be a pick-up in Gardiner at 8:00 a.m. Return time will be approximately 9:00 p.m. Limit 52.

Date: Saturday, May 2, 2015

Deadline to register: April 10, 2015
 No refunds will be given after this date.

Fee: \$180.00 (Purchase price for group tickets in the mezzanine section is \$129) Fee includes transportation and theater ticket. You are expected to pay for your own meals.

**Dirty Dancing in Boston is hosted by
 Mid-Maine Regional Adult Community Education
 in Waterville.
 To register visit: midmaine.maineadulted.org
 or call 873-5754.**



Boston Yummy Walk and Shear Madness

Discover one of the most vibrant ethnic neighborhoods in the country. Boston's North End is rich with history and home to restaurants, markets and specialty shops. We'll visit a pastry shop for Italian confections, an authentic salumeria, a pizzeria, an old world coffee shop, a classic Italian restaurant and more. Sample authentic flavors and discover healthy Mediterranean traditions as you get an insider's view of one of the premier food neighborhoods in the country. The evening entertainment is *Shear Madness* at the Charles Playhouse, an uproarious whodunit where the audience gets to solve the crime. A mixture of improvisation and up-to-the-minute humor, the play is delightfully different every time you see it.

8:15 a.m. Waterville (Elm Plaza) Departure 11:45 pm Return
 9:00 am Gardiner (Hannaford) Departure 11:00 pm Return

Date: Saturday April 11, 2015

Deadline to register is March 11, 2015
 No refunds will be issued after this date.

Fee: \$149 per person (Registration fee includes motor coach transportation, Yummy Walks ticket and Shear Madness ticket.)

**Boston Yummy Walk and Shear Madness
 and Cabin Fever Cure are hosted by
 MSAD 11 Adult Education in Gardiner.
 For full descriptions and to register visit:
msad11.maineadulted.org or call 582-3774.**

Cabin Fever Cure

Travel to western Massachusetts to enjoy Maple Days at Old Sturbridge Village and a tour of Historic Deerfield. Dinner is a Fireplace Feast at the Salem Cross Inn. While your dinner is cooking to perfection, enjoy a horse drawn wagon ride through the valley. Overnight accommodations are at the Comfort Inn in Sturbridge. On Sunday begin the day with a guided tour of the Magic Wings Butterfly Conservatory & Gardens. Then visit Richardson's Candy Kitchen in Deerfield where they have been dipping hand made chocolates for years. We'll enjoy a demonstration and samples. Don't leave without trying their famous dixies! Lunch is the March Maple Buffet at the historic Deerfield Inn. Afternoon activities include a guided tour of historic Deerfield.

Departure 8:00 a.m. from Waterville (Elm Plaza) 9:45 pm Return
 Departure 8:45 am from Gardiner (Hannaford) 9:00 pm Return

Date: Saturday and Sunday March 21 & 22, 2015

Deadline to register: February 13, 2015
 No refunds will be issued after this date.

Fee: \$279.00 per person based on double occupancy (Fee includes motorcoach transportation, overnight accommodations, Old Sturbridge Village tour, Magic Wings tour, Historic Deerfield tour, Fireplace Feast, Sunday breakfast buffet and Sunday luncheon.)



DISTANCE EDUCATION



University College - ITV

University College offers statewide access to courses and degrees from the University of Maine campuses. Courses are available online and through interactive television (ITV) at sites statewide including Lawrence Adult Education. For more information or to register call 1-800-868-7000 or visit the University's website at <http://learn.maine.edu>.

What are ITV courses?

ITV courses are broadcast live by faculty from University of Maine System campuses to University College centers and sites across Maine. Students view the class on TV monitors and interact with the instructor and with other students using a toll-free classroom telephone. Many ITV courses include streaming video, allowing students to view lectures online.

Most ITV classes also require students to participate online through BlackBoard or other online instructional programs.



Spring 2015 ITV Courses Available at the Fairfield Site - Semester begins January 12.

<u>Course Number</u>	<u>Course Name</u>	<u>Day</u>	<u>Time</u>	<u>BX Site</u>
BUA 458	Accounting Seminar	Th	4:00pm-6:45pm	UMA
BUA 459	Sem in Strategy and Pol Plng	W	7:00pm-9:45pm	UMA
CIS 303	Management Information Systems	Th	7:00pm-9:45pm	UMA
COM 102	Interpersonal Communications	W	4:00pm-6:45pm	UMA
ENG 5	Basic Writing	F	9:00am-11:45am	UMA
ENG 101	College Writing	F	1:00pm-3:45pm	UMA
ENG 102W	Intro to Literature	Th	4:00pm-6:45pm	UMA
HTY 104	U.S. History II	Tu	7:00pm-9:45pm	UMA
HUS 220	Child Mental Health	W	4:00pm-6:45pm	UMA
HUS 222	Psychosocial Rehabilitation	M	4:00pm-6:45pm	UMA
HUS 224	Fund of Cmnty Prac & Invol.	F	1:00pm-3:45pm	UMA
HUS 318	Adolescence, Sub Abuse & Crimi	Th	7:00pm-9:45pm	UMA
HUS 354	Behavioral Health Professional	W	7:00pm-9:45pm	UMA
MAT 112	College Algebra	M	4:00pm-5:15pm	UMA
MAT 131	Math for Elementary Teach II	M	5:30pm-6:45pm	UMA
PHI 252	Business Ethics	M	7:00pm-9:45pm	UMA
POS 101	American Government	M	4:00pm-6:45pm	UMA
POS 362	Labor Mgt Relations	Tu	4:00pm-6:45pm	UMA
PSY 100	Intro to Psychology	Tu	7:00pm-9:45pm	UMA
PSY 308	Human Development	Tu	4:00pm-6:45pm	UMA
SSC 318	Adolescence, Sub Abuse & Crimi	Th	7:00pm-9:45pm	UMA

DID YOU KNOW



That if you take an ONLINE CLASS through the University System that you may be able to take exams in Fairfield? Call 1-800-868-7000 to find out how!



DISTANCE EDUCATION



On-line Learning at Ed2Go

These instructor-facilitated online courses are fun, convenient, and highly interactive. All courses run for six weeks (with a two-week grace period at the end). Courses are project oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. Complete any of these courses entirely from your home or office and at any time of the day or night.

Convenient, Affordable, and Effective.



Take ed2go courses anywhere and when it's most convenient for you.


We offer you hundreds of engaging online courses for adults, covering every topic from SAT Test Preparation to Web Design.

Each ed2go course comes equipped with a patient and caring instructor, lively discussions with your fellow students, and plenty of practical information that you can put to immediate use.

www.ed2go.com/sad49



Some of the top rated on-line courses:

- Accounting Fundamentals
 - Creating Web Pages
 - Basic Anatomy and Physiology (UMA will accept this as 1 credit toward prior learning assessment.)
 - Medical Terminology (UMA will accept this as 2 credits toward prior learning assessment.)
 - Speed Spanish
 - A to Z Grant Writing
 - Beginning Writer's Workshop
 - Introduction to QuickBooks 2013
 - Solving Classroom Discipline Problems
 - Secrets of Better Photography
- 

1. Start by visiting our on-line instruction center: www.ed2go.com/sad49.
2. Search for a course or view the catalog to browse through the courses available.
3. Click on the Enroll Now button and follow the prompts to register and pay for your course and set up your e-mail and password for access to your on-line classroom.
4. When your course begins, return to our on-line instruction center and click on the My Classroom link to sign in to your on-line classroom.

All courses require Internet access, e-mail and web browser such as Internet Explorer. Some courses may have additional requirements. Please visit our On-Line Instruction Center for more information.

Fees: Most courses start at \$99 - Classes begin every six weeks. Upcoming start dates: Jan. 21, Feb.18, Mar.18, Apr.15, May 20, June 17.

On-line Learning at UGotClass

UGotClass online certificates and courses are provided by the Learning Resources Network (LERN), the largest continuing education association in the world, serving more than 1,000 colleges, universities and schools. A nonprofit education organization, LERN works with education institutions to serve the needs of communities all over the country. Our online courses are taught by leading practitioners and teachers, with audio presentations from the teacher and interaction with other participants and the teacher. We offer certificates, CEUs, ILUs, and some courses even have optional graduate credit. Courses focus on "Skills for the 21st Century" ©.



1. Start by visiting our on-line instruction center:
<http://www.yougotclass.org/catalog.cfm/Lawrence>
2. Select the course or certificate program to enroll in.
3. Click on a 'cart' to purchase the course.
4. Select the date you want for the course and click 'check out'.

All courses require Internet access, e-mail and web browser such as Internet Explorer. Some courses may have additional requirements.

Fees: Check website for pricing information.

Courses are offered at a variety of times and last approximately four weeks.

Some Certificate Programs Include:

- Entrepreneurship Certificate
- Certificate in Customer Service
- Certificate in Self Publishing and eBooks
- Business Coaching Certificate
- Certificate in Non-Profit Administration
- Management Certificate

Some Courses Offered Include:

- Substitute Teacher Preparation
- Effective Copywriting
- How to Set Up, Protect, and Maintain Your Windows 8 PC
- Dementia for Family Caregivers
- Google Analytics
- Parenting Gifted Children
- Substitute Teacher Preparation

How do I register for classes?

Register for most of our classes online, by phone, by mail or in person. We accept cash, checks, Visa, MasterCard, and Discover. **Diploma, HiSET and College Transitions registrations require an intake appointment.** Call 453-4200 ext 3114.



Online: We offer online registration for non-academic courses at our website:
www.lawrenceadulted.org.



Phone: Register by phone or fax with your Visa, MasterCard or Discover. If registering by fax, please be sure to give all information requested on the registration form.



Mail: Send registration form and payment to:
Lawrence Adult Education
4 School Street, Fairfield, Maine 04937



Walk-in: Register by stopping by our office during regular business hours and drop off your registration form and payment.

Who can take adult education classes?

Any adult 17 years or older can take adult education classes, even if you don't live in the district!

What else should I know about my registration?

Registration confirmations are not sent out. If you do not hear from us, assume that your registration has been processed and accepted. You will be notified if the course is full or cancelled. Please feel free to contact us to confirm.

Fees

Registration fees are noted in each course description. Unless otherwise noted, the fee includes any necessary textbooks and/or materials. Some courses require participants to provide additional materials and/or equipment and some classes will require a supply or materials fee paid directly to the instructor and will be noted in the course description.

Book fees are included in the registration fee for the course. Borrowed books have a deposit of \$20 and the books must be returned at the end of the semester in reasonable condition in order to receive a refund. If a state agency is paying for your classes and there are deposits involved, we will bill the agency for the registration fee of the course and not the refundable book deposit. The student will be responsible for the deposit.

Discounts (Call 453-4200, ext. 3114 for Promo Codes if registering online.) Cannot be Combined.

- Frequent Learner Discount: If you took a course with us last semester (Fall 2014), deduct \$5 from one course registration fee of at least \$25 this semester. Limit 1 discount per semester.
- Senior (65+) and Veteran Discount: 10% off course registration fee of \$25 or more (excluding bus trips). If registering online, please call for promo code.

Refund Policy

A refund is available if:

- A class is cancelled for any reason or full.
- You withdraw from class 7 days prior to the start date of the class.
- Refund requests made after a class has begun will be considered on an individual basis at the discretion of the director (minus a \$5 processing fee).
- On-line registration refunds will be credited back to the card used in the transaction. All other refunds may take up to four weeks to process.

Cancellations

- If a course has too few enrollments, we will cancel at least two business days before the start date (unless otherwise noted).
- If an instructor has to cancel a class meeting, students will be notified as soon as possible and a makeup class will be scheduled by the instructor.
- If RSU/MSAD #49 day schools are closed because of the weather, adult education classes are automatically cancelled. If day schools are open, but bad weather develops during the day, the decision to cancel will be made by 3pm and announced on local media stations and posted on our website at www.lawrenceadulted.org.

REGISTRATION FORM

Date _____

First & Last Name _____
Mailing Address _____
Town/State/Zip _____
Telephone #s (Main) _____ (Other) _____ Year of Birth _____
E-mail Address _____

COURSE(S) YOU ARE REGISTERING FOR:

FEE:

_____ \$ _____
_____ \$ _____
_____ \$ _____

IF YOU QUALIFY FOR THE FREQUENT LEARNER DISCOUNT SUBTRACT \$5. **TOTAL:** \$ _____

Payment Type: _____ Cash Receipt # _____
_____ Check or Money Order # _____
_____ Visa/MC/Discover (please complete information below) Auth # _____

_____ *Credit Card Number* _____ *Expiration Date* _____ *Cardholder Signature*

REGISTRATION FORM

Date _____



First & Last Name _____
Mailing Address _____
Town/State/Zip _____
Telephone # (Main) _____ (Other) _____ Year of Birth _____
E-mail Address _____

COURSE(S) YOU ARE REGISTERING FOR:

FEE:

_____ \$ _____
_____ \$ _____
_____ \$ _____

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_____ *Credit Card Number* _____ *Expiration Date* _____ *Cardholder Signature*

M.S.A.D. #49
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Memory Stockings: Bag Full of Memories
Past Life Regression
Reflexology
Retirement Planning
Self Hypnosis
Slip Cast Ceramics
Smart Shopping: Grocery Store Tour
Snowshoeing 101
Spring Allergies - Truths and Myths
Spring Detox with Dr. Petley
Tax Clinics
Vinyasa Flow Yoga



Adult Education^{MAINE}
Learning for Work and Life